

TABLE 2 WATER-BASED GELS FOR URETHRAL CATHETERISATION

Product	CatheJell Mono	OptiLube	Steri Lub
Manufacturer	Montavit (distributed by Teleflex Medical)	Optimum Medical	Distributed by Bard Ltd
Gel type	Water-soluble lubricant gel	Water-soluble lubricant gel	Water-soluble lubricant gel
Presentation	Accordion-type applicator	Syringe applicator 6ml (female) 11ml (male)	Available in Bard Comprehensive trays Syringe-type applicator

Note: some gels are classed as medical devices while others are medication. Nurses should check whether a prescription is required. Source: Wilson (2013)