FIG 1. Urinary catheter review assessment

Men over 50
Consider:
- Enlarged or abnormal prostate
- Digital rectal examination
- Alpha blockers for prostate enlargement before trial without catheter
- Renal function
- Evaluate

Patient picture
Consider:
- Patient perspective – impact/lifestyle risks
- Health status including renal function
- Bladder health, continence (existing and usual)
- Fluid intake, bowel habits – assess constipation
- Pressure areas risk
- Ability to manage catheter/supports
- Medicines/diuretics/antimicrobial resistance/alpha blockers for prostate enlargement
- Gynaecology problems
If removing: mitigate risks eg risk of falls (toileting/care package/continence)

Review catheter indication
- Document the assessment
- If retention: has it been investigated?
- Reconsider alternative methods
- Manage patient expectation

Onward referral?
- GP
- Urology
- Gynaecology
- Nurse-led continence support:
  - Continence products/devices
  - Help with suitability of intermittent catheterisation
  - Flow rates and assessment

Alternative management
Consider:
- External sheaths or penile pouches
- Female slipper pans and urinals
- Intermittent catheterisation
- Toileting regimes
- Continence pads

NB: This urinary catheter review assessment acts as a guide and is not exhaustive. It does not replace the need for individual patient assessment and clinical judgement.
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